



TWIN COUNTY
Regional Hospital
276.236.8181 • www.tcrh.org

Direct Admissions

Direct admissions at Twin County Regional Hospital (TCRH) will be evaluated on the grounds of the criteria for outpatient and inpatient needs. These criteria are defined by the patient's present illness, need for hospital services and need for hospital monitoring. Patients that do not fulfill these criteria should be directed to the Emergency Department for patient safety and appropriate assessment.

Common Diagnoses for Direct Admission:

1. Community acquired pneumonia failing outpatient treatment without sepsis or severe hypoxia
2. Acute renal failure without life-threatening complications like uremia or hyperkalemia
3. Acute exacerbation of chronic obstructive pulmonary disease with SPO2 greater than or equal to 88% and no signs of imminent respiratory failure
4. Uncontrolled type 2 diabetes requiring high doses of insulin who have failed outpatient treatment
5. Uncontrolled type 1 diabetes without signs and symptoms of DKA, who have failed outpatient management
6. Lower gastrointestinal bleeding without symptoms of severe anemia or hemodynamic instability, and with Hemoglobin greater than 7.5
7. Chronic congestive heart failure with mild exacerbation not associated with an acute cardiac event, hypoxia with SPO2 less than 88%, imminent cardiovascular or respiratory failure, or ECG changes suspicious of acute cardiac event or ongoing ischemia
8. Anemia without signs of vascular collapse, or ongoing intestinal hemorrhage either upper or lower

Indications patient is not safe for direct admission or does not meet criteria for hospitalization:

1. Deterioration of patient's condition including, worsening hypoxia, hypotension, tachycardia despite intervention in the provider's office
2. Patient with ongoing chest pain that is suspicious for angina or an angina equivalent
3. Patient with ECG changes suspicious for ongoing myocardial ischemia
4. Unstable vital signs including, hypoxia, hypotension, criteria for sepsis
5. Unstable cardiac rhythm with symptoms like syncope, dizziness, chest pain
6. Patient does not qualify for criteria for admission or observation, like having a chronic stable disease without acute exacerbation or new related symptoms
7. Patient has not been evaluated on the day of the direct admission request by a licensed care provider or patient not in the primary care provider's office at the time of the direct admission request
8. Services needed for direct admission not available at TCRH such as hemodialysis, ERCP, PPM placement, etc.
9. Services on diversion on the day of request for direct admission or bed not available for the type of admission requested

Flexibility has been built into the system to allow the Hospitalist the ability to discuss cases with the Primary Care Providers in the community. For the Primary Care Providers, discussion about the case directly with the attending of the service is available to assist in the admission process. The direct admission criteria are a guideline for transition from the Primary Care Provider's office to the hospital setting. The goal is to ensure that patient safety is maintained at every step of the process.

For Direct Admissions to Twin County Regional Hospital, please call

1-888-772-7004

24 Hours a day, 7 Days a week